

## ANCILLARY MATERIALS File

The following is the file of 'ancillary' materials – things other than the contents of your project that are needed to evaluate it, and/or to post the finished product on the Gamliel.Institute website.

Please fill in the following items and submit this file as one of the items included in your project, then save this file with the title "ProjectAncillaryMaterialsYOURNAME".

### A. ABOUT YOU

- i. Your name (as you wish it to appear)  
Susan Esther Barnes
  
- ii. Your contact information:
  1. Novato, CA,
  
  2. Email (we can provide you with a jewish-funerals.org email if you wish)  
I would like a jewish-funerals.org email, especially if it can be forwarded automatically to my regular email
  
  3. Phone (optional)
  
  4. Website (if appropriate)  
[www.jewishjournal.com/religiousandreform](http://www.jewishjournal.com/religiousandreform)  
<https://www.facebook.com/ReligiousAndReform>  
<https://twitter.com/SusanBarnesRnR>
  
- iii. Your bio:  
Susan Esther Barnes is a founding member of the chevra kadisha at Congregation Rodef Sholom in San Rafael, CA, where she trains new members regarding taharah, and where she participates in taharah and shmirah, as well as visiting people who are ill or elderly. Susan has taught about Jewish traditions regarding death and dying at

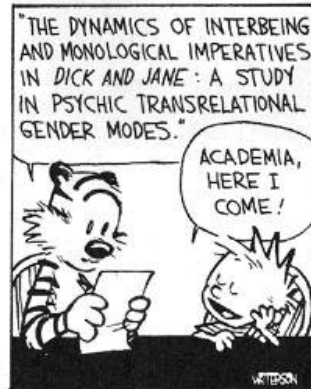
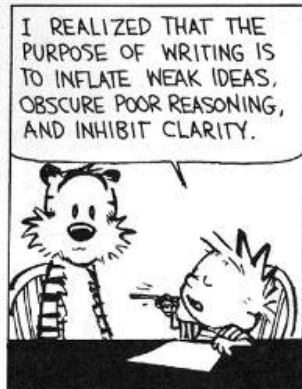
Limmud Bay Area, Vacaville State Prison, and the Bay Area Jewish Healing Center.

- iv. Optional: Your publications list, if you have items you would like to include

[www.jewishjournal.com/religiousandreform](http://www.jewishjournal.com/religiousandreform)

- B. A photo: head shot preferable, in digital form, HD best, but 3" width or 350+ pixel width desirable. JPG, JPEG, GIF, TIFF, or other photo formats will work. Can be from a cell phone with greater than 5 megapixel quality.





C. Date of project completion (and last update date, if this is an update to the project)

Project Completed November, 2016

D. Your "Big Idea" writeup (this and some of the other items may be in your Forum posts in ATutor – just copy, clean up, and paste)

My idea is to write a lesson plan that High School teachers can use to teach their students about shmira. It is my hope that the students will then go on to sit shmira at least once, and may go on to do so on a regular basis.

- E. Your "Big Idea" – the concept that you had when you started this process. (Should be in your forum postings)

My idea is to write a lesson plan that High School teachers can use to teach their students about shmirah. It is my hope that the students will then go on to sit shmirah at least once, and may go on to do so on a regular basis.

- F. Your "Elevator Speech" for this project (1-2 minute answer to "what is that?" or "what are you doing?" to explain what your project is and "hook" someone's interest)

Everyone I know who has done shmirah – sitting with a dead person between death and burial – says what an amazing experience it is. I'm preparing to teach local Jewish high school students about shmirah. What do you think I should include in my lesson plans that would encourage the students to try doing shmirah themselves after they have taken the class?

G. An Abstract: a more formal description that summarizes what the project is, and for whom it is intended.

This is a class lesson plan for high school teachers to use to teach Jewish High School students about shmirah, in order to both educate them about it, and to inspire them to volunteer to participate in it.

It includes a comprehensive list of things to think about and to do before teaching the class, as well as reference materials that can be used in the class and/or while sitting shmirah.

H. A marketing blurb: 1-2 sentences telling why the reader wants to know about this **right NOW!**

Everyone will experience the death of a loved one, and all of us will also die, but many people are afraid to talk about it. If we educate our kids about shmirah, and allow them the opportunity to experience it, it will give them the message that death is a natural part of life, and will help them to be less afraid of it. It will give them permission to talk about death, and will also give them an opportunity to have a powerful spiritual experience as they participate in this incredible mitzvah.

I. A formal title for the project

Lesson Plan and Preparation for Teaching Shmirah to High School Students

J. A 'sexy' or 'interesting' title for the same project

A Great Mitzvah to Grow Menschen

K. The type of project:

Education

L. The target audience:

Jewish High School Teachers and their students



## M. Your ABCD write up

### ABCD for the class/students

#### Audience:

High school students

#### Behavior:

Students who take the class will be able to explain what a chevra kadisha is, will be able to explain what shmira is and what normally happens during shmira, will be able to articulate where their community normally does shmira, and will participate in sitting shmira at least once in the year following the class.

#### Condition:

Students who take the class will participate in shmira when a local member of the Jewish community dies and volunteers for shmira are requested.

#### Degree:

At least 10% of those taking the class will sit shmira at least once within the following year.

### ABCD for the educators who will use the lesson plans:

#### Audience:

Jewish educators in the US and Canada

#### Behavior:

At least 5 Jewish educators (not counting me) will use the lesson plans to teach their students about shmira, to at least a total of 50 students, over the next 3 years. This could happen in a variety of settings, such as Jewish day schools, synagogues, or evening/weekend classes.

#### Condition:

Jewish educators will include these lesson plans in their curriculum for high school students, if they don't already teach them about shmira.

#### Degree:

The lesson plans will be used in at least 5 other institutions, beyond Congregation Rodef Sholom.

N. Your Project Plan

The steps to complete this project are included in the "Preparation before the class" portion of the project itself.