Outline of the Taharah Procedure and Liturgy

Pre-taharah activities (outside of the taharah room): Chapter 3

* Assign roles, etc.
* Learn about the met/metah:
  —Determine Hebrew name and whether tallit will be used
  —Obtain information about condition of the met/metah
* (Optional) Recite opening kavanah before entering the taharah room

A. Opening Prayers: Chapter 5

Action 1: Wash hands, put on gloves and gowns (p. 19)
Action 2: Recite as a full group opening MECHILAH (Prayer I, pp. 19-20)
Action 3: Recite CHAMOL (Prayer II, pp. 20-24 for a male; pp. 20-21, 24-26 for a female)
Action 4: Recite ANA ELOHEI HACHESEDEH (Prayer III, pp. 28-30 for a male; pp. 28-29, 30-31 for a female)

B. Rechitza (Physical washing): Chapter 6

Action 1: Prepare small buckets (warm water), cloths, etc. for washing (p. 36)
Action 2: Remove sheet, cover genitals with cloth (p. 36)
Action 3: Recite VAYA’AN VAYOMER (Prayer IV, pp. 36-37)
Action 4: Simultaneously: (pp. 38-40 for a male; pp. 38-39, 40-41 for a female)
  * Recite ROSHO KETEM PAZ or HINACH YAFAH (Prayer V)
  * Do physical washing
When done, dry met/metah and table, cover met/metah, and remove gloves

C. Taharah (Spiritual washing): Chapter 7

Action 1: Wash hands, put on new gloves, prepare buckets, and immerse and place boards (p. 45)
Action 2: Recite AMAR RABBI AKIVA (Prayer VI, pp. 46-48)
Action 3: Simultaneously: (pp. 49-50)
  * Recite TAHOR HU or T’HORAH HI (Prayer VII)
  * Pour water over met/metah
Action 4: Recite V’HITKADASHTEM (Prayer VIII, pp. 50-51)
Action 5: (p. 51)
  * Remove boards
  * Dry met/metah, table, and boards
  * Cover met/metah

D. Halbashah (Dressing in tachrichim) and Halanah (Placement in the aron): Chapter 8

Action 1: Recite SOS ASIS (Prayer IX, pp. 53-55)
Action 2: Prepare tachrichim (pp. 56-57)
Action 3: Simultaneously: (pp. 58-61)
  * Recite K’TONET BAD KODESH YILBASH, etc. (Prayer X)
  * Dress met/metah in tachrichim
Action 4: (p. 62)
  * Sprinkle afar in the aron
  * Place sovev (and tallit, if used) in aron
  * Place met/metah in aron
  * Recite V’LO YAVO’U (Prayer XI)
Action 5: (pp. 63-64)
  * Place shards on eyelids (optional) and afar on eyes, heart, genitals
  * Recite V’CHIPER ADMATO (Prayer XII)
Action 6: Wrap tallit and sovev; add any extra items (pp. 64-65)

E. Concluding Prayers: Chapter 9

Action 1: Recite HINEIH MITATO (Prayer XIII, pp. 67, 69-71)
Action 2: Recite as a full group closing MECHILAH (Prayer XIV, pp. 71-72)
Action 3: Close aron and place unlit candle (p. 72)
Action 4: As aron is moved, recite UVINSO’A (Prayer XV, pp. 72-74)
Action 5: Light yahrzeit candle (p. 75)

Post-taharah activities: Chapter 10

* Clean taharah room and check supplies
* Outside the taharah room:
  —Wash hands
  —(Optional) Debrief and recite closing prayers