

What may people who are ill lose?

11/13/05 – Workshop on “*Depression and Illness: Obstacles and Opportunities*,” at 18th Annual Bikur Cholim Conference, New York, NY; 33 people participating:

dignity
control
ability to communicate
imagined/planned life
ability to continue useful work
diminishment of self
ability to be helpful
independence
social relationships
friends
freedom
ability to concentrate
sense of confidence
mobility
routine
privacy
family
future
sense of time
their past
positive mood
sense of order and predictability
awareness
clarity
coherence
joy, peace of mind
personal appearance
sexual release
touch
hope and courage
housing
community
endurance
special moments
power to do for oneself
relationship with God
and maybe *t'fillah*
appetite
love and support
self-respect
intimacy, ways of experiencing intimacy
spontaneity

vision
physical strength
money
sense of perspective
physical comfort
security
sense of humor
smiling, laughter